



## Outdoor Adventurer

### Adventure Requirements

Complete Option A or B:

#### Option A:

1. With the help of your den leader or family, plan and participate in a campout.
2. On arrival at the campout, with your den and den leader or family, determine where to set up your tent. Demonstrate knowledge of what makes a good tent site and what makes a bad one. Set up your tent without help from an adult.
3. Once your tents are set up, discuss with your den and den leader or family what actions you should take in the case of the following extreme weather events:
  - a. Severe rainstorm causing flooding
  - b. Severe thunderstorm with lightning or tornadoes
  - c. Fire, earthquake, or other disaster that will require evacuation. Discuss what you have done to minimize as much danger as possible.
4. Show how to tie a bowline. Explain when this knot should be used and why. Teach it to another Scout who is not a Webelos Scout.
5. Recite the Outdoor Code and the Leave No Trace Principles for Kids from memory. Talk about how you can demonstrate them while you are working on your Arrow of Light. After one outing, list the things you did to follow the Outdoor Code and Leave No Trace.

#### Option B:

1. With the help of your den leader or family, plan and participate in an outdoor activity.
2. Discuss with your den or family what actions you should take in the case of the following extreme weather events:
  - a. Severe rainstorm causing flooding
  - b. Severe thunderstorm with lightning or tornadoes
  - c. Fire, earthquake, or other disaster that will require evacuation. Discuss what you have done to minimize as much danger as possible.
3. Show how to tie a bowline. Explain when this knot should be used and why. Teach it to another Scout who is not a Webelos Scout.
4. Recite the Outdoor Code and the Leave No Trace Principles for Kids from memory. Talk about how you can demonstrate them while you are working on your Arrow of Light. After one outing, list the things you did to follow the Outdoor Code and Leave No Trace.



### *Parent Corner*

Hey parents! This adventure is a really fun one and is all about the outdoors. There is lots learning about being a good steward in the outdoors in this adventure, but at the end of the adventure can be an activity or a camping outing. We suggest a hike as an easy to do activity. If you have been in Cub Scouts for a while, you have probably been on several hikes, but if this is your first time or you want a refresher on hiking, here is a great [online resource to give you the basics](#).



## Outdoor Adventurer

Requirement #B2: Hazards & Disaster Preparedness

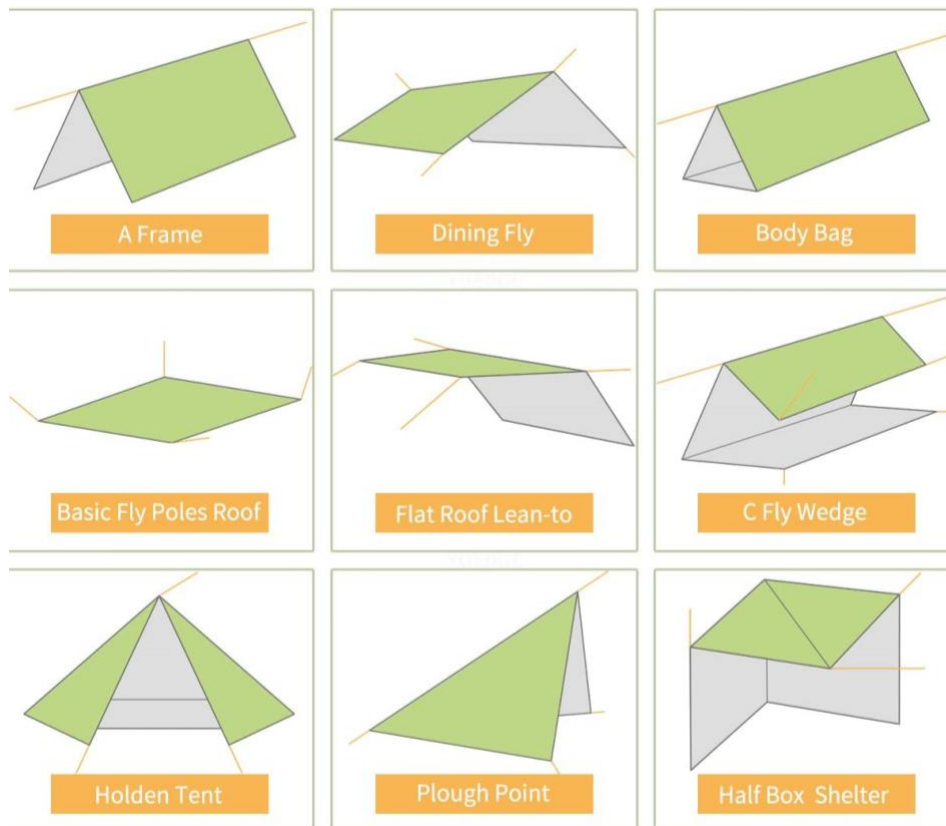
### Instructions

1. Read about the following in your Webelos Handbook
  - a. Severe Rain and Flooding
  - b. Severe Thunderstorms, Lightning, and Tornadoes
  - c. Fire, Earthquakes, and Other Disasters
2. Download the [Prepare with Pedro Activity Book](#) from FEMA. Complete 5 activities from the book.
3. Using the supplies listed, think about how you would create an emergency shelter and get food if a disaster occurred. Use the supplies to make a makeshift shelter and have a snack in it.
4. When taking down your shelter, pack your supplies into a bag or backpack to make an emergency supply kit.

### Materials Needed

- [Prepare With Pedro Activity Book](#)
- Pencils, Crayons or Markers
- Frisbee
- Spork
- Blanket or Tarp
- Headlamp
- Paracord or Rope
- Water Bottle
- Bag or Backpack
- First Aid Kit or Supplies

### Simple Tarp Shelters



### Pee Wee Says

“To get a rough idea of how far away a thunderstorm is, count the number of seconds between when you see lighting and hear thunder. Divide by five to get the number of miles you are away from the storm”



## Outdoor Adventurer

Requirement #B3: Tie A Bowline Knot

### Materials Needed

- Paracord or Rope

### Instructions

1. Read in your Webelos Handbook or below how to tie a Bowline Knot.
2. Practice tying a Bowline Knot.
3. Teach a friend, family member, or fellow Scout how to tie a Bowline Knot.

### How to Tie A Bowline

#### Step 1:

Make a small loop in the rope. Leaving a long enough “tail” at the end to tie the bowline knot. Pass the tail of the rope under and through the loop. Bring the tail around the “back” of the top portion of the rope.

#### Step 2:

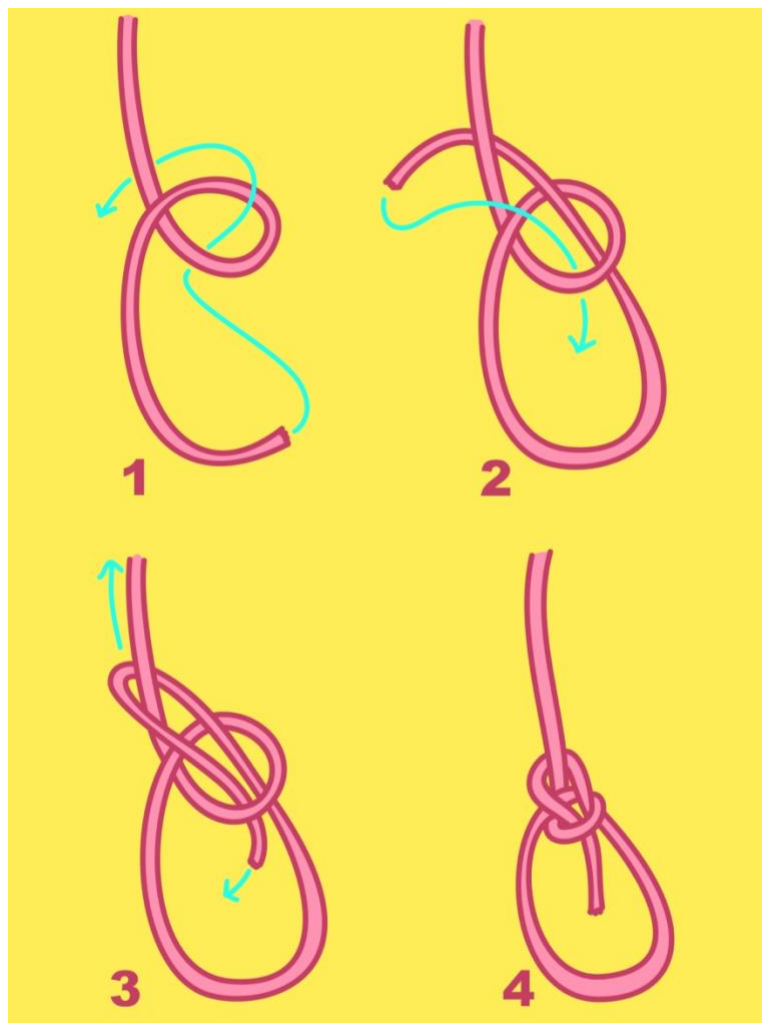
Bring the tail around to the “front” and then pass the tail back through the small loop.

#### Step 3:

Tighten the knot by pulling the tail down and the top of the rope up.

#### Step 4:

Your knot is ready! If you need to undo the knot simply loosen the loop on the knot.



### Pee Wee Says

“The Bowline Knot can be used to anchor one end of the rope to a tree or other stationary object, or as the loop around a person’s chest in a rescue situation-such as pulling a person out of a hole or off the side of a cliff.”





# Outdoor Adventurer

Requirement #B1 & 4: Outdoor Activity

**Materials Needed**

- [6 Cub Scout Essentials](#)
- Good Hiking Shoes
- Clothing suited for the weather.

## Instructions

1. If your den is meeting, plan and participate in an outdoor den activity with your den. If they are not meeting, do the activity with your family or friends.
2. After your activity, list what you did to practice Leave No Trace and follow the Outdoor Code with Pee Wee below.

## Where to Go Hiking

### [The Bay Area Ridge Trail](#)

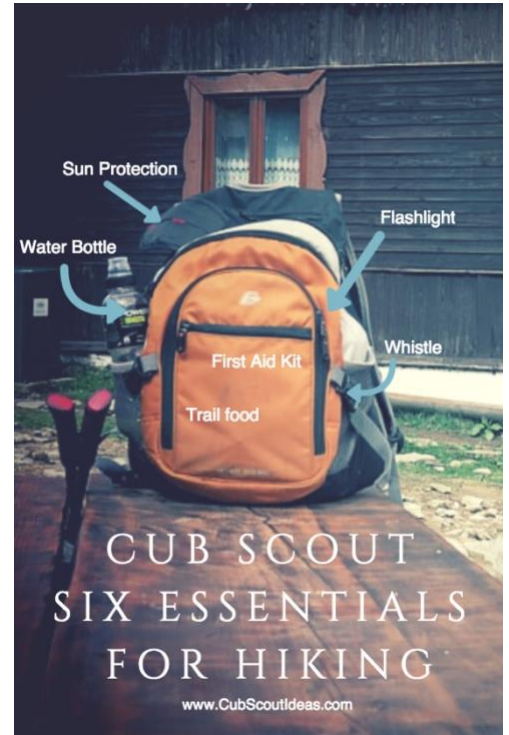
The Bay Area Ridge trail is a network of trails that runs all the way around the San Francisco Bay. Trails are rated from easy to hard and there is a large selection to choose from for your hike. The site even includes maps for each segment.

### [Monterey Bay Trekkers Hiking Guide](#)

The Monterey Bay Trekkers hiking program is an opportunity for Cub Scouts and their families to explore local hiking trails and parks in Monterey, San Benito and Santa Cruz Counties. Through the Trekkers program, Cub Scouts and their families will also learn why health and fitness are important for a long-lasting and productive life.

### [Saklan Lodge – Where to Go Camping Guide](#)

The Order of the Arrow provides a list of camping locations that are also great locations for a hike! For county and state parks, you will be able to find a digital copy of the trail maps for free.



## Pee Wee Says

“Great job on following the Outdoor Code and the Leave No Trace principles! Share some of the ways you followed these principles on your hike!

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

